

Under Control
64 count, 2 wall, Advanced
Choreographer Steffen & Markus Raus & Yvonne Hlousek
Choreographed to
I´ll Tell You What by Rick Tippe
start after a 16count intro
2nd place on the European Country & Dance Championchips

- 1-8 out-in-out, turn, toe points, turn**
- 1&2 jump out with both feet (shoulder wide apart), bring feet together with a jump, jump out with both feet
- 3,4 transfer weight on left foot and pop right knee in, while popping knee out again, do a 1/4 turn to the right
- 5&6& point right toe out to the right side, bring right foot back to center, point left toe to left side, bring foot back to centre
- 7,8 point right toe to right side, while doing this pop your knee in, while popping out again do a 1/4 turn to the right, weight on right foot.
- 9-16 locks, turn, lockstep back, out-in-out**
- 9&10& lock right behind left (weight is on right) transfer weight onto left foot, transfer weight onto right, transfer weight onto left foot
- 11&12 touch right foot forward, do a full turn ccw, step back right
- 13&14 step back left, lock right in front of left, step back on left
- 15&16 jump out with both feet (shoulder wide apart),bring feet together with a jump, jump out with both feet
- 17-24 travelling snake rolls, toe points, hitch turn**
- 17&18 start a snake roll, and transfer weight to the right, while continueing the snake roll point right toe to right side
- 19,20 start a second snake roll, and transfer weight to the right finish snake roll touch left beside right
- 21&22 point right toe to right side, step right back to centre, point left toe to left side, step left foot back to center
- 23&24 point right toe to right side, then hitch right knee and turn 1/4 turn to the left, point right toe out again
- 25-32 kick cross touches, slide, knee roll turn**
- 25&26 kick right foot forward, cross right in front of left, touch left foot back
- 27&28 kick left foot forward, cross left in front of right, touch right foot back
- 29,30 take a big step to the right with right foot, slide left foot beside right
- 31,32 roll knees counter clockwise, keep knees rolling and turn 1/4 turn to the left

(so you did 2 knee rolls)

33-40 out-in-out, finger point, turn, kick and touches

- 33&34 jump out with both feet, jump in, jump out again
35&36 swing your right hand round a circle(3x clockwise) and turn 1/4 turn left (the left foot is touched forward and the index finger forward, too)
37&38 kick left foot forward, step left foot back to centre, touch right toe to right side, step right foot back to centre
30&40 point left toe to left side and step left foot back to centre, touch right beside left

41-48 step, hold, touch, shuffle, cross turn

- 41 step right to right*
42,43 hold*
44 touch left behind right*
45&46 step left to left, step right beside left, step left to left
47,48 cross right in front of left, make a full turn ccw
* while doing that step to right bring right on the left elbow and the left hand under the right elbow in shoulder height(41). Bring right hand up so that you have a 90 degree angle (42). Then circle both hands ccw until you have reached the straight hand position (43,44)

49-56 mambo steps, jumping jacks, finger points

- 49&50 rock right to right, rock back onto left, step right beside left
51&52 rock left to left side, rock back onto right, step left beside right
53&54 jump both feet out (weight on both feet)*. Jump on the right foot (left foot is hitched)*.kick left foot front*.
&55&56 jump out on left step right beside left(shoulder width apart)*. Circle right hand cw twice turn 1/4 turn to the left, left foot is touching forward and the index finger of right hand is pointing forward, too

&57-64 kick ball touches, body circle

- &57 step left slightly forward, kick right foot forward while doing the kick raise on the toes of left
&58 step right foot slightly forward and touch left toe forward but point the toes to diagonal left corner
&59&60 repeat counts &57&58
&61-64 step left to left so that your feet are shoulder width apart. Circle your body ccw by crouching feet and stand up again

Start again