

YH - POLKA

Choreographed by: Yvonne Hlousek
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Description: 4-wall, 64-count, Advanced Line Dance, Lilt
Music: I'll Take You Back by Brad Paisley (Dance starts with the lyrics) or any Polka

Count Description

1-8 Right Chasse , ½ Unwind Turn, Rock Step, Hitch, Slide Step

1&2 Step right to right. Step left beside right. Step right to right side.
3 -4 Step left behind right. Unwind ½ turn left.
5 -6 Rock forward on R, recover on L.
&7-8 Hitch R. Step R to right. Slide left beside right.

9-16 Sailor Step, ¼ Sailor Turn, Quick Turn, Hold, Step ½ Turn

1&2 Step left behind right. Step right to right. Step left on place.
3&4 Step R behind L. Left beside R forward while making a ¼ to R.
5 -6 On Ball of both feet make a ½ quick turn left. Hold.
&7,8 step L back. Step R forward. Pivot ½ turn left.

17-24 Kick ball Change, Cross Walk R + L, Rock Step, Lock Schuffle back

1&2 Kick right forward, step onto ball of right, step left beside right
3 -4 Walk Forward R across L. Walk Forward L across R.
5 -6 Rock Forward on R. Recover onto left.
7&8 Step back right. Lock left before right. Step back on right.

25-32 Coaster Step, Out Out, In In, Step, Touch, Shuffle full Turn Left

1 &2 Step left back. Step right beside left. Step left forward.
&3&4 Step right to right. Step left to left. Step right back to center. Step left back to center.
5 - 6 Step right forward. Touch left behind right.
7&8 Shuffle full Turn left, stepping left, right, left.

32-40 Diagonal Shuffle, Step Turn, Diagonal Shuffle, Rock ½ Turn

1&2 Step right diagonal forward. Close left beside right. Step right forward diagonal (7.30 h)
Step left forward. Turn 1/2 right (weight on right) (1.30 h)
5&6 Step left forward. Close right beside left. Step left forward.
7-8 Rock Step back right (4.30 h) facing 10.30 h. Recover weight on Left.

41-48 Scoot (Jump) Forward, Hitch R L, ½ Pivot Turn, Hold, Stroll Fwd. LR, Hold, Stomp, Step fwd R

&1&2 Jump left diagonal forward with Hitch right. Step down right. Jump right diagonal forward with hitch left. Step down on left.
3-4 Step right forward while making a half turn facing (4.30) again weight is on right. Hold.
5&6 Stroll forward left, right. Step left to left side.
7&8 Hold. Stomp right beside left (weight is on left). Step right forward.

49-56 Step Turn ½ R, Forward Shuffle, Full Turn (travelling forward), Full Spiral Turn, Forward Shuffle.

1 - 2 Step fwd. left. Turn ½ right.
3 & 4 Step left forward. Close right beside left. Step left forward.
5 & Turn 1/2 left stepping right back. Turn ½ left stepping left forward.
6 Full Spiral Turn left stepping right back hook left in front of R (weight on right).
7 & 8 Step left forward. Close right beside left. Step left forward.

&57-64 Scoot, Hitch, Cross Step Back, Scoot ¼ turn R. Kick, Step across, Touch, Scoot, Step back, Full Tripple Turn L.

- & 1 Scoot back on left, hitch right. Step right across left.
- & 2 Scoot back on right while doing ¼ turn to right. Step back on left.
- 3 & 4 Kick right diagonal right. Step right beside left. Step left across right.
- 5 & 6 Touch right toe back behind left. Scoot back on left. Step back on right.
- 7 & 8 Full triple turn left, stepping L, R, L.

Start again. Have Fun !