

Four Minute Kick



Choreograph: Yvonne Zielonka-Hlosek
Tanztyp: 4 Wall Line Dance
Level: Beginner/Improver (fortgeschrittene Beginner)
Counts: 32
Music: "4Minutes" by Madonna feat. Justin Timberlake/
Music Suggestions: "Even If I Tried" by Emilio

KICK, SIDE ROCK, SAILOR STEP, KICK, SIDE ROCK, SAILOR TURN ¼ L

- 1 & 2 Kick right across left. Rock RF to right side. Recover on left.
3 & 4 Step RF behind left. Step LF to left. Step right in place.
5 & 6 Kick left across right. Rock LF to left side. Recover on right.
7 & 8 Step LF behind right with ¼ turn left (9:00). Step RF to right. Step left in place.

ROCK STEP, COASTER STEP, MAMBO TURN 1/2 L, SHUFFLE FORWARD

- 1, 2 Rock right forward. Recover on left. (9:00)
3 & 4 Step right back. Step left next to right. Step right forward.
5 & 6 Rock left forward. Recover on right. Make ½ turn left step left forward. (3:00)
7 & 8 Step right forward. Step left next to right. Step right forward. R,L, R (3:00)

STEP TURN ½ R, SHUFFLE FORWARD, SYNCOPATED WEAVE

- 1, 2...Step LF forward. Turn ½ right step right forward. (9:00)
3 & 4 Step left forward. Step right next to left. Step left forward. L, R, L.
5, 6& Step RF right. Step LF behind right. Step RF right.
7, 8 Step LF across right. Step RF to right.

STEP ¼ L, TURN ½ L, SCHUFFLE TURN ½ L, Rhumba Box ¼ R

- 1, 2 Step left forward with ¼ turn left. (6:00) On ball of left pivot ½ turn left step right back. (facing 12:00)
3&4 On ball of right pivot ½ turn left stepping forward L, R, L. (6:00)
5, 6 Step right forward. Step left to left side.
7, 8 Step right to right with ¼ turn right. (9:00) Step left forward.

1.08.2008

Just Dance and Enjoy!!